

## A-Z is COMPLETE!

Starting the month of September, CCDC will restart the AlphaTales learning books with letter "Aa"! At the end of August the classrooms finished up letters "Ww", "Xx", "Yy" and "Zz". Many of the classes learned about x-rays, xylophones, x-ray fish, yoga, zoos, zebras, zippers and many other words and activities that can go with these letters! Infants learned about the years they were born, Toddlers had a "Yummy or Yucky Taste Testing", Early Preschool made frozen yogurt pops for a healthy snack, Preschool painted an x-ray fish, PreK studied "wild things" and Kindergarten examined real x-rays under a light. The students and teachers are very excited to begin the alphabet again! There are also many activities that are planned for all of CCDC...the Art Auction is on September 13th, the classrooms are working hard on their special projects for this fundraiser, and School Pictures take place in the Commons on September 24th.



*Students practicing yoga while studying the letter "Yy".*



### Welcome new students!

#### Infant 1

Siusau Lee

#### Infant 2

Arnav Kulkarni  
Arjun Subramanian

#### Infant 4

Sahasra Bathina

#### Early Preschool 3

Adhya Dontha

#### Preschool 2

Uyioghosa Osemwegie  
William Geng

### Congratulations to all of those students that are graduating to the next level!

#### Toddlers to Early Preschool

Graesyn Steinkoenig (EP1)

#### Early Preschool to Preschool

Vivien Barnes (PS1)  
Rithvik Varigonda (PS2)  
Arya Kallurwar (PS2)

#### Preschool to PreKindergarten

Korianna Robinson (PK2)

## Spotlight on New Staff

This month CCDC would like to welcome Miss Teddie Teipen to our team! Teddie is in Toddler 4 with Miss Jessica. She is from Brownstown and currently lives in Seymour with her boyfriend and their cute little dachshund. She graduated from Brownstown Central High School and is currently working towards her Associate's Degree in Early



*Miss Teddie with her Toddler students.*

Childhood Education. Before coming to CCDC, Teddie had experience working with children at BNL Vocational School and Little Hands Learning Center. In her free time she enjoys reading, spending time outside, and being with her family and friends! She is looking forward to meeting all of the faculty and staff and creating a bond with her students and parents.

## Infants Inch by Inch



*Infant 4 student painting a yellow sunflower.*

Infant 4 was a busy classroom in the month of August! They mainly worked on their large motor skills. The classroom has a lot of smaller babies and working on these skills helps the babies with their back control and sitting up on their own. Last month the infants focused on the letter "Yy". For their documentation board they posted events that happened during the years they were born: 2012-2013. The 2012 events were the London Olympics, Hurricane Sandy and the Coasta Concordia Crash. In 2013 Prince George Windsor was born. Miss Margaret also showed her infants how a yoyo works and let them play and explore the new toy. The classroom also read Ten Little Kisses and Learn with Dora to work on counting, shapes and colors.



*Miss Margaret showing her students a yoyo.*

## Toddling Tots



*Toddler 4 students experimenting with "Yummy or Yucky".*

Miss Jessica also had a "Yummy or Yucky Taste Testing". They had to select the preferred choice when given two options. Toddlers had the chance to taste pickles, applesauce, lemon, limes and oranges. The students distinguished their likes and dislikes and learned new words: yummy and yucky. For a sensory activity they played with yellow tissue paper. In the art area of their classroom, the students made yaks from their handprints!

In the month of August, Toddler 4 focused on letter "Yy". The students did a yellow sponge painting and used them on their observation board. They also worked on recognizing the color yellow around the classroom and in the center.

They sorted things that were and were not yellow. Miss Teddie and

Miss Jessica also had a "Yummy or Yucky Taste Testing". They had to select the preferred choice when given two options. Toddlers had the chance to taste pickles, applesauce, lemon, limes and oranges. The students distinguished their likes and dislikes and learned new words: yummy and yucky. For a sensory activity they played with yellow tissue paper. In the art area of their classroom, the students made yaks from their handprints!



*Toddler 4 student painting with yellow sponges.*

## Keeping Busy in Early Preschool

Early Preschool 3 had a lot of fun focusing on the letters "Xx" and "Yy" in the month of August. For letter "Xx" they talked about x-rays, read stories about x-rays and even made x-ray hands. A special treat for the class was looking at real x-rays. For an art project the students painted on an "X" made from masking tape and then removed the tape from the paper to see the letter they created. For letter "Yy", Ms. Karen and Ms. Cindy helped their students create a yellow collage for their documentation board. They used many different materials to show their love for the color yellow! The class also talked about things that can be found in their yards, they sorted yellow food in Homeliving Center, they also painted small paper plates to make yoyos. The class



*Early Preschool 3 student enjoying his yogurt pop.*

ended letter "Yy" by making a yarn collage and forming the letter out of play doh. They also made a special snack of frozen yogurt pops!



*Early Preschool 3 student practicing with a zipper.*

## Staff Birthdays

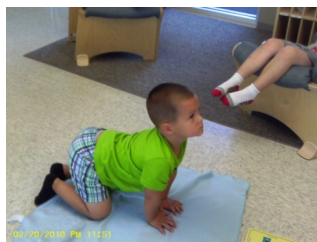
Nellie Sullivan — September 6th  
Karyn Stickans — September 12th  
Jeannine Harrah — September 23rd  
Michelle Basey — September 26th

## What's New in Preschool?

In the month of August Miss Cheryl's preschoolers had fun learning about the letters "Ww", "Xx", "Yy", and "Zz". For letter "Ww" the students painted whales with water colors, participated in a watermelon treasure hunt, and also made waffles for snack! Letter "Xx" consisted of painting an X-ray fish and playing a xylophone during group time on the carpet. As a table activity the students made the letter "Xx" with popsicle sticks. One of the classes favorite activities in August was discussing, observing, and participating in yoga! The students learned simple yoga positions and participated in simple breathing exercises. To reinforce letter "Yy" further, the students traced the letter and had yogurt pops for a healthy snack!



Preschool 1 students making waffles for their letter "Ww" snack.



Preschool 1 student participating in yoga.

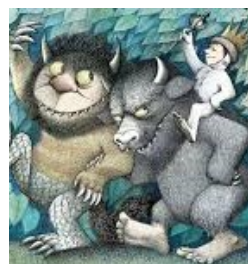
## Busy Pre-Kindergartners

August was a busy month in PreK 2. They had lots of transitions in their classroom.

Ms. Monica replaced Mr. Andrew as a PreK 2 teacher. They are very glad to have her in their classroom! August also marked the end of their past school year. For their end of the year celebration they read the book Where The Wild Things Are. They made their own masks and paraded through the center.



The new students that were welcomed to PreK 2: Shashu and Sameera.



Where the Wild Things Are by Maurice Sendak

They also had a wild rumpus dance in their classroom! They said goodbye to several friends going to Kindergarten. Good luck was wished to Aahil, Owen, Katie, Calla, Austin, and Lane. PreK 2 also welcomed some new friends from Preschool: Carter, Rayla, Sahana, Grier and Korianna. There was also a BIG welcome for the new families of Shashu Sabapathy and Sameera Degaulle.

## The Kindergarten World Of

In the month of August, CCDC welcomed the Kindergarten class of 2014: Austin Perry, Ava Wilson, Danika Hoehn, Dillon Lambert, Gabriella Wheeldon, Isabella Hawkins, Jackson Whitacre, Lane Barringer, Rachel Fulp, and Riley Sims...WELCOME TO KINDERGARTEN!

Their favorite part of learning about the letter "Xx" was studying x-rays. They read x-ray books, looked at real x-rays, put together a life-sized skeleton, and created their own x-ray art. The class was intrigued by x-rays that showed broken bones, and very interested in hearing about how broken bones heal.



Kindergarten student laying next to skeleton that they put together as a class.

For letter "Yy", they learned about yellow, yucky and yummy foods, yaks and their new favorite exercise – yoga! Some of their favorite yoga positions include alligator, butterfly, dinosaur, frog, jack-in-the-box, pretzel, tree and warrior. Kindergarten can tell you that yoga is very relaxing and helps your body and mind feel strong!



Kindergarten examining real x-rays for letter "Xx".

## Upcoming Dates to Remember

September 13th – Art Auction/Bake Sale  
September 24th – School Pictures





# Eco-Healthy Child Care®

Eco-Healthy Child Care® helps early childhood learning environments to be as healthy, safe and green as possible by reducing children's exposure to toxic chemicals.



## Asbestos

### Health Concerns

The World Health Organization and the US Environmental Protection Agency (EPA) list asbestos as a human carcinogen, linking it to the fatal lung diseases of asbestosis, lung cancer and mesothelioma. When disturbed, airborne asbestos fibers can be inhaled. Children are particularly vulnerable to asbestos because their lungs are still developing and they breathe more air per pound of body weight than adults do.

### What is Asbestos?

Asbestos fibers are microscopic clusters of toxic silicate materials. Asbestos was used as insulation in homes built between 1930 and 1950 for fire and sound proofing. Until the 1970's many building materials contained asbestos, including: furnace ducts, floor tile adhesive, decorative texture sprayed on walls and ceilings, and cement roofing and siding. Most products manufactured today do not contain asbestos. The few products that do contain asbestos require specific labeling.

### How are Children Exposed?

Asbestos is not harmful if left undisturbed. Degraded or damaged asbestos is dangerous as it may become airborne and thus inhaled. Asbestos in homes and child care facilities can be found in:

- **building materials** such as insulation, roofing, pipes, siding, and floor tiles

- **soil** when in contact with contaminated water or building materials
- **drinking water** when asbestos-laden cement pipes are used for water distribution

### Asbestos and the Developing Child

It is especially important to protect children from exposure to asbestos, as they are still developing.

- Children breathe more rapidly than adults, thus taking in more air.
- Children have less food variability. For example, for infants whose primary food is powdered formula mixed with water, and the water is contaminated with asbestos, those infants are at a higher risk of exposure to asbestos because of the large amount of water in their diet.
- Children frequently put their hands in their mouths, putting them at a higher risk of exposure from contaminated soil or dust.
- Children who have been exposed to asbestos are more likely to develop lung diseases than exposed adults because early and long-term exposure increases the risk of lung problems.

## Tips to Reduce Exposure

Unfortunately, you cannot tell if a material contains asbestos simply by looking at it, unless it is labeled. If your facility was built prior to the 1970's (when asbestos was readily used, but not labeled) and you suspect that your home/child care center contains asbestos:

- Without touching, regularly look for signs of wear or damage such as tears, abrasions, or water damage in materials possibly containing asbestos.
- ⇒ If you find materials that may contain asbestos and they are intact, leave them alone. They may not be hazardous because material in good condition will generally not release asbestos fibers.
- ⇒ If you find damaged or degraded materials that may contain asbestos, limit access to the area and do not touch or disturb the material. Hire an asbestos control professional to collect and test a sample, and contact your local health department for support.

- Contact your water provider to learn about the quality of your drinking water. Or, have an asbestos control professional sample and check your well water.
- If you think you have been exposed to asbestos, contact your doctor.
- Ask about the presence of asbestos when purchasing building materials.

### FOR MORE INFORMATION

**Call: 202-543-4033, ext. 13**  
**Email: [info@ecohealthychildcare.org](mailto:info@ecohealthychildcare.org)**  
**Visit: [www.cehn.org/ehcc](http://www.cehn.org/ehcc)**

### Asbestos Resources

- Agency for Toxic Substances & Disease Registry (ATSDR): Asbestos  
[www.atsdr.cdc.gov/Asbestos/](http://www.atsdr.cdc.gov/Asbestos/)
- Environmental Protection Agency: Asbestos  
[www.epa.gov/asbestos/](http://www.epa.gov/asbestos/)  
*Asbestos Ombudsman: 1-800-368-5888*
- Environmental Working Group  
<http://reports.ewg.org/reports/asbestos/facts/index.php>
- Environmental Protection Agency: Asbestos In Your Home  
<http://www.epa.gov/asbestos/pubs/ashome.html>

*A recipient of EPA's Children's Environmental Health Excellence Award in 2006, Eco-Healthy Child Care® (EHCC) is a national program that seeks to improve the environmental health of children by partnering with child care professionals to eliminate or reduce environmental health hazards found in child care facilities. Originally created by the Oregon Environmental Council in 2005, EHCC is now managed by Children's Environmental Health Network.*

#### Eco-Healthy Child Care®

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